

Stuart Maskell Stuart.maskell@gmail.com	Pilates with Props	Mon 8:30 am Sat 9 am	Hall
Alex MacDonald alex@alexfitness.ca	Strength & Stretch DanceFit	Mon 7 pm Wed 6:30 pm Thurs 9:30 am Sat 10 am Mon & Wed 9:30 am	Hall
Susan McDonald info@fitmomottawa.com	Boot camp FitMom	Mon 8pm Thurs 11 am	Hall
Tai Chi Kathmctavish@rogers.com	Tai Chi beginners	Tues 6:30 – 8 pm	Hall
Susan Ashbrook ashbrookcreative@gmail.com	Art classes	Thurs 1 – 3:30 pm	Hall
Micheline Kinsella Micheline.kinsella@gmail.com	Violin studio	Mon – Fri 3:30 – 9 pm	2 nd fl
Justin Duhaime jaduhaim@hotmail.com	Guitar studio	Wed & Thurs 3:30 – 8 pm	2 nd fl
Audrey Mo Audreym105@gmail.com	Piano studio	Tues & Thurs 3:30 – 8 pm	2 nd fl